

# URBAN COMMONS AND CITY DEVELOPMENT

ERASMUS + BLENDED INTENSIVE PROGRAM

**MAY 3RD - 7TH 2022**





# Programme & People

Urban Commons and City Development is a new multidisciplinary, Erasmus+ funded Blended Intensive Program of 3 ECTS including the fields of

- urban planning,
- urban governance,
- architecture, and
- civil engineering.

The aim of the program is to explore, how principles of urban commons can be utilized in city development through real-life cases in different cultural settings. The program is integrated in existing courses and consists of two webinars in April and a commoning sprint week in Helsinki in May. The organizer of the program is Metropolia University of Applied Sciences (Finland) together with the following partners:

- Amsterdam University of Applied Sciences (Netherlands),
- Frankfurt University of Applied Sciences (Germany),
- Technical University of Ostrava (Czech Republic), and
- University of Ostrava (Czech Republic).

Urban Commons and City Development is a continuum for international collaboration within the UIREKA Lab: Urban Commons that has started already in 2019. UIREKA stands for The Urban Research and Education Knowledge Alliance, which consists of a vibrant partnership of eight urban-focused higher education institutions across Europe.



## Alpo Tani

Alpo Tani is a Climate Change Mitigation Specialist at the City of Helsinki. Prior to that he worked for the City of Helsinki as a Strategic Planner for 15 years. Alpo holds a Master's degree in planning geography.

## Pedro Aibéo

Pedro is an internationally awarded architect and a civil engineer with over 50 built buildings in 20 countries. Pedro is a founder of the Gamified Cohousing Oy, the World Music School and the Cidania theatre+games group. He is also a PhD candidate on architectural democracy at Aalto University, a drawing teacher, a graphic novelist and a Deputy Member of Lohja's Urban Planning Board.

## Timo Hämäläinen

Timo is a geographer specializing in urban & regional planning issues and cultural policy. He is known as a sharp opinion leader with crisp writing skills. His blog, urbanfinland.com, dissects the inner workings of Finnish urban development. He is also an urbanist advocate as one of Urban Helsinki collective's founding members.

## Noora Soikko

Noora Soikko is an Executive Coordinator at Metropolia UAS. She conducts the practicalities of the board of Metropolia UAS and assists the president, CEO of Metropolia UAS and the deputy CEO in their work. Noora has lived in France, Germany and the Russia and has a Master's degree in the Russian and East European Studies.

## Ruby van der Wekken

Ruby is an active member of Helsinki Timebank, and a member of *Commons.fi* and the Finnish Solidarity Economy collective. She is also a board member in Oma Maa, a food co-operative based on community-supported agriculture (CSA) as well as on ecologically and socially sustainable food production methods.

## Pauliina Seppälä

Pauliina Seppälä is a founder or a co-founder in Mesenaatti.me, Siivouspaiva.com, Yhteismaa.fi, Nappinaapuri.fi, Illallinen taivaan alla, Citymaalaiset, Ei leikkirahaa and the Refugee Hospitality Club. She is trained as a social scientist in the Helsinki University with studies in the Helsinki School of Economics.

## Kimmo Heinonen

Kimmo is the Deputy Head of Unit at the Department of Economic Development: Innovations and New Experiments at the Helsinki City Executive Office. His unit is in charge for Helsinki Testbed - a testing platform for new products and services, which is specifically aimed at companies and RDI actors.





9–12:00

13–16:00

17–

### 3rd May Knowing

#### ICEBREAKING

- Welcoming activities
- Guest lecturer  
Alpo Tani: Urban development in H:ki
- Grouping activities

Lunch

#### KICKOFF SEMINAR

- Urban commons design challenges  
(Pedro Aiboa, N.N., Timo Hämäläinen & Noora Soikko)
- Group assignment  
(Kaisa Kanerva, Martijn de Waal)

- Tour and picnic in Suomenlinna

### 4th May Mapping

#### INPUT

- Guest lecturer  
Ruby van der Wekken:  
The 4th sector & solidarity economy
- Site visits to urban commons design sites

#### OUTPUT

- Group work for the urban commons design challenge

- Urban dinner at Kääntöpöytä and visit to the Vallila Allotment Garden

### 5th May Collaborating

#### INPUT

- Guest lecturer  
Pauliina Seppälä:  
Collaborative urban culture
- Workshop with stakeholders

#### OUTPUT

- Group work for the urban commons design challenge

- Gig at Teurastamo

### 6th May Prototyping

#### INPUT

- Guest lecturer  
Kimmo Heinonen:  
Testbed Helsinki
- Workshop with MA students as mentors

#### OUTPUT

- Group work for the urban commons design challenge

- Visit to Sompasauna and/or Allas Sea Pool

### 7th May Testing & Modeling

#### OUTPUT

- Presentations of urban commons design:  
*Gamified co-housing*  
*Multicultural services*  
*Livable street space*  
*Communal garden*
- Feedback from the clients

Late lunch

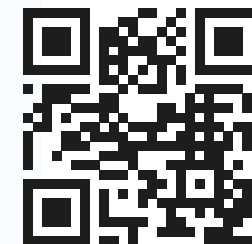
#### REFLECTIONS

- Discussions

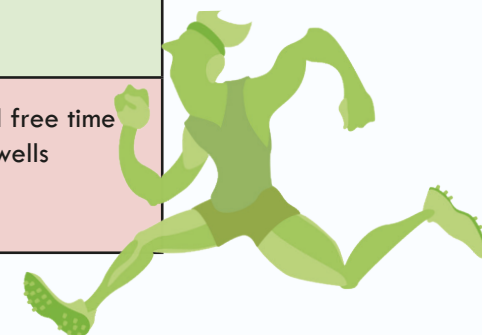
- Individual free time and farewells



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<https://www.hsl.fi/en>



# Places

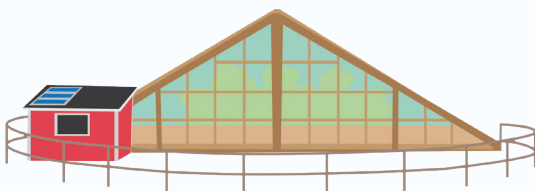
## Suomenlinna (3)

Situated on a group of islands off Helsinki, Suomenlinna - originally called Sveaborg or Viapori in Finnish, was built during the Swedish era as a maritime fortress and a base for the Archipelago Fleet. Work on the fortress began in 1748 and lasted until 1808, when Viapori was besieged by the Russian forces in the Russo-Swedish war. With the Russian Revolution and Finland's independence in 1917, Viapori was taken over by the newly founded Finnish government in 1918 and renamed Suomenlinna ('Castle of Finland'). Suomenlinna was inscribed into the UNESCO World Heritage List in 1991.



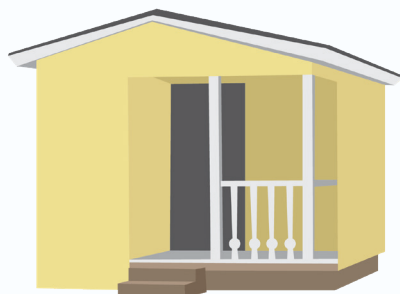
## Käätöpöytä (4)

Käätöpöytä (Turntable) is an urban garden and laboratory in Helsinki, Pasila run by Dodo ry, a Finnish environmental NGO. Käätöpöytä includes also a greenhouse, an event space and an open urban space in the historical railway milieu. Käätöpöytä offers an urban dinner free of charge made of leftover groceries from local shops once a month as well as communal gardening sessions and other events open for everyone. All the activities are run mainly through volunteer efforts.



## Vallila Allotment Garden (5)

Vallila allotment garden was established in 1932, which makes it the third oldest one in Helsinki. The original purpose of allotment gardens was to provide working class people with a means to enhance their moral and physical status and to grow their own food. Today, Vallila Allotment garden is a public park area, which everyone is welcome to visit during summer time. However, individual gardens are private parcels of their tenants and not to be entered unless invited. Vallila Allotment garden hosts also a summer café and one of the smallest museums in Finland.



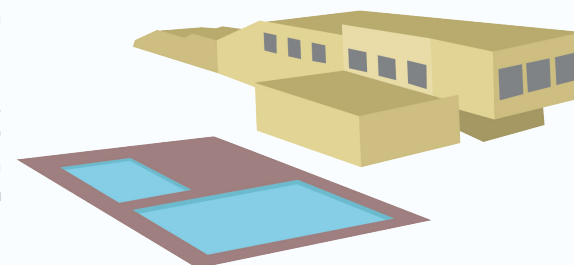
## Teurastamo (8)

Teurastamo (Abattoir) is centred around a former abattoir originally built in 1933, which was opened to the public in 2012. Currently there are a dozen active urban and culinary businesses that together form Teurastamo. The area also serves as the shared living room and backyard of the residents of Helsinki, open all year round and featuring a yard with a grill and a rental sauna. The Teurastamo's yard also serves as a venue for all kinds of free of charge events. The City of Helsinki Wholesale Food Market is responsible for renting out the facilities of Teurastamo's and developing the area, which will proceed one building at a time in the coming years.



## Allas Sea Pool (10)

Allas Sea Pool is a commercial sea spa nestled in the heart of Helsinki. Here a swimming suit is compulsory. Allas Sea Pool was opened in 2016 and it includes three pools built on the sea - children's pool, warm water pool and sea water pool - as well as a sauna and a café. The main building has a roof terrace for 1 500 people, which makes it the largest terrace in Helsinki. Allas Live offers gigs of top Finnish artists next to it.

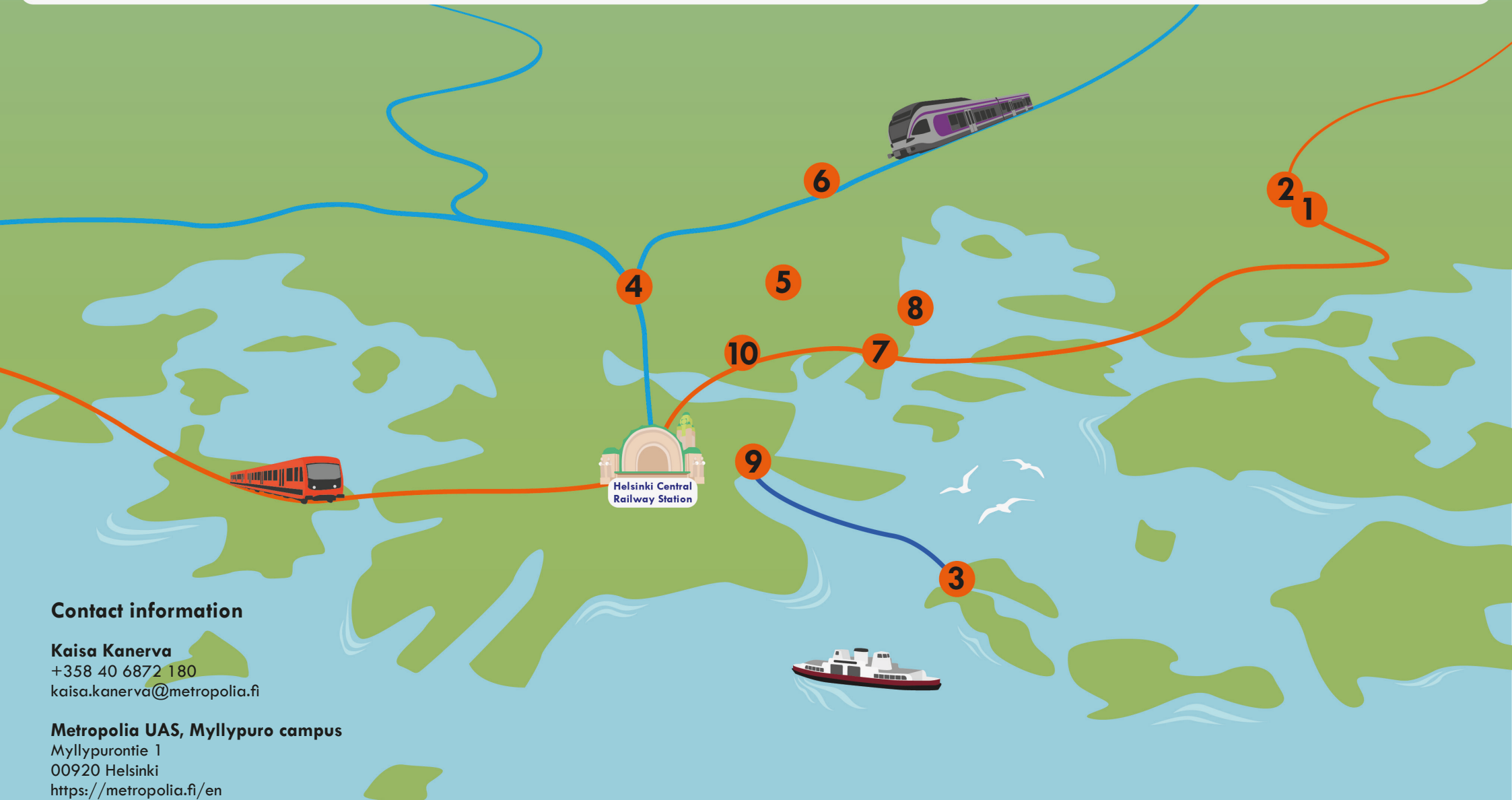


## Sompasauna (9)

Sompasauna is a wood-burning self-service public sauna, built and maintained by a group of volunteers in Helsinki. The sauna is open around the clock and free of charge for everyone to use. Mixed gender as well as participation in heating up the sauna, sawing firewood, fetching water and cleaning & washing the sauna are part of Sompasauna rules. Nudity is part of sauna culture but swimming suits are ok too.

1. Myllypuro campus
2. Myllypuro underground station
3. Suomenlinna
4. Kääntöpöytä
5. Vallila Allotment Garden

6. Pukinmäki Estate
7. Teurastamo
8. Sompasauna
9. Allas Sea Pool
10. Kallio Loop



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